

Therapeutic Falls: Suggested metrics for evaluation (Canadian context)

Driver or Change Idea	Process Measure	Outcome Measure	Balancing Measure
Team learning about the concepts of a “therapeutic” fall and shared decision making about risk	Number and % of staff who attended team education sessions on “therapeutic” falls” and shared decision-making	Motor Functional Independence Measure (FIM) Efficiency	<p>% of patients with falls resulting in moderate or greater harm (as defined by your organization’s reporting system)</p> <p>% of patients with falls resulting in moderate or greater harm/1000 patient days (falls rate)</p>
Supporting shared decision making about risk and mobility (“therapeutic” falls) with providers, patients and caregivers/Substitute Decision Makers)	Number and % of patients who were provided with the chance for shared decision-making about mobility – as determined through chart reviews	Overall FIM Efficiency	% of patients who experienced falls and falls/1000 patient days
Moving towards a just culture for falls	Provider perceptions of safety culture as it pertains to falls, risk and autonomy at your organization – as determined through focus groups and surveys with healthcare providers	% of patients who were determined to have had “therapeutic” falls and “therapeutic” falls/1000 patient days	Demographics of patients who had the opportunity to discuss “therapeutic” falls and participate in shared decision- making around mobility
	Pre-post provider perceptions of risk and risk-taking – as determined using <i>“Informed Risk-Taking and Falls in Rehabilitation: A Personal Reflection Tool for Healthcare Providers (2022)”</i>	% of patients who were discharged home who were home prior to admission (Data source: CIHI)	