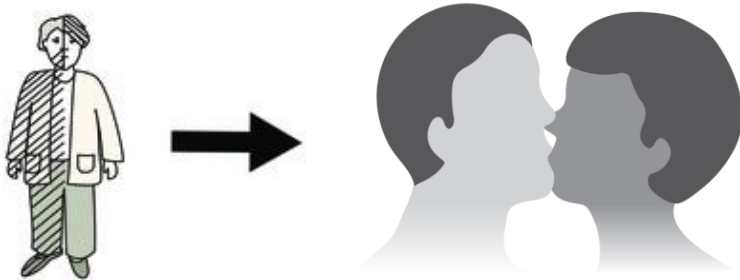




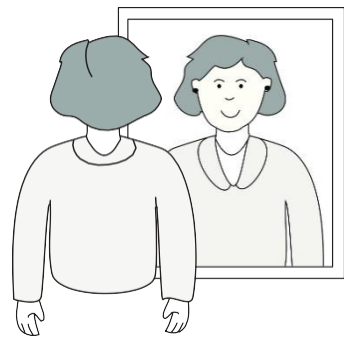
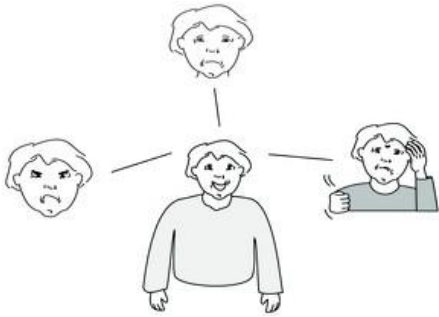


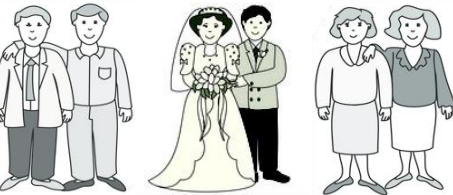
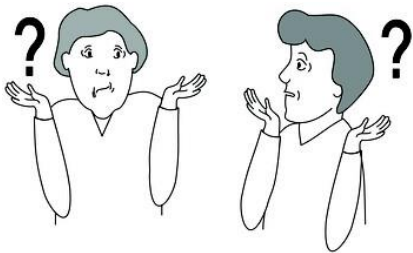

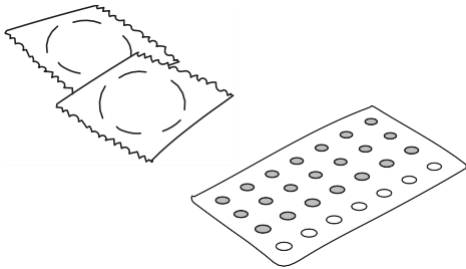
# Stroke and Sex



Sexual Concern	Who to talk to
 <p>↓ desire</p>	<ul style="list-style-type: none"> <li>• Social worker</li> <li>• Behavior therapy</li> </ul>
 <p>↓ erection</p> <p>↓ vaginal lubrication</p> <p>↓ orgasm</p>	<ul style="list-style-type: none"> <li>• Nurse</li> <li>• Doctor</li> <li>• Pharmacist</li> </ul>

Adapted and modified by Toronto Rehab's Intimacy after Stroke Working Group in 2019 from: *Sexual Health Framework* © 2017, Mitchell S Tepper, PhD, MPH, mitch@drmittcheltepper.com, Reprint with Attribution.

Sexual Concern	Who to talk to
  <ul style="list-style-type: none"> <li>• Difficult to move around</li> <li>• Using a wheelchair/walker</li> <li>• Genitals hurt</li> <li>• Sex is difficult</li> </ul>	<ul style="list-style-type: none"> <li>• Physiotherapist</li> <li>• Occupational therapist</li> <li>• Nurse</li> <li>• Doctor</li> </ul>
 <ul style="list-style-type: none"> <li>• Need help to pee</li> <li>• Need help to poop</li> <li>• Catheter</li> </ul>	<ul style="list-style-type: none"> <li>• Nurse</li> <li>• Doctor</li> </ul>
 <ul style="list-style-type: none"> <li>↓ sexual-esteem</li> <li>↓ feeling sexy</li> </ul>	<ul style="list-style-type: none"> <li>• Social worker</li> <li>• Spiritual care</li> </ul>
 <ul style="list-style-type: none"> <li>• Emotions are different</li> <li>• Feeling sad, mad, depressed</li> </ul>	<ul style="list-style-type: none"> <li>• Social worker</li> <li>• Spiritual care</li> </ul>

Sexual Concern	Who to talk to
 <ul style="list-style-type: none"> <li>• Scared to date</li> <li>• Feeling distant</li> <li>• Problem with partner</li> </ul>	<ul style="list-style-type: none"> <li>• Social worker</li> <li>• Spiritual care</li> </ul>
 <ul style="list-style-type: none"> <li>• Aphasia</li> <li>• Difficulty speaking</li> <li>• Difficulty understanding</li> <li>• Hard to talk to partner</li> </ul>	<ul style="list-style-type: none"> <li>• Social worker</li> <li>• Speech language pathologist</li> </ul>
 <ul style="list-style-type: none"> <li>• Getting pregnant</li> <li>• Having a child</li> </ul>	<ul style="list-style-type: none"> <li>• Doctor</li> <li>• Pharmacist</li> </ul>
 <ul style="list-style-type: none"> <li>• Safe sex</li> </ul>	<ul style="list-style-type: none"> <li>• Doctor</li> <li>• Pharmacist</li> </ul>

### Something else?