

COLLECTION UNIT DONOR INSTRUCTIONS
Peripheral Blood Stem Cell Donation/Leukocyte Donation

University Health Network

Toronto General Hospital
200 Elizabeth Street
Toronto, Ontario

Princess Margaret Cancer Centre
610 University Avenue
Toronto, Ontario

Transplant Coordinators:

Christine Piescic, RN 1-416-946-4501 ext. 6353
Dawn Breen, RN 1-416-946-4501 ext. 4687

Collection Unit Physicians:

Dr. Jeff Lipton Dr. Vikas Gupta Dr. Dennis Kim
Dr. Hans Messner Dr. John Kuruvilla

One Match Stem Cell and Marrow Network 24 hr Emergency Pager: 1-613-780-3328

Collection Unit after hours emergency – please page on-call BMT physician: 1-416-946-2000

For Your Assessment Visit (at Princess Margaret Cancer Centre)

1. Blood work & ECG Test

Please ensure you arrive no later for your blood work than 12:30pm.

As soon as you arrive at Princess Margaret Cancer Centre, please proceed to the **Carding Station** on the main floor to have your hospital blue card made.

Please then proceed to the **Blood Collection Lab** (also on the main floor) to have your blood samples taken (note: the requisition will already be at the lab).

You will then proceed to the **Ambulance Waiting Area** also on the main floor, near the back elevators to have your ECG performed.

Murray Street Parking: early bird rate \$13/day; after 0900h \$28/day or \$4.50 for each ½ hour or less

2. Your first clinic appointment

Please report to Hematology South Clinic (located on 2nd Floor) **no later than 1:30pm** (if you are a Tuesday or Thursday booking). If this is a Wednesday appointment, please report to the Hematology West Clinic (also located on the 2nd floor). Once you arrive at the waiting room, please check with the receptionist. The receptionist will confirm your address and **your most current phone number**.

The interview usually takes two hours but be prepared to stay longer if needed.

If you are scheduled to receive G-CSF injections, you must pick up the G-CSF medication on the day of the interview. **DO NOT LEAVE WITHOUT IT.**

The Day of Your Stem Cell Donation (at Toronto General Hospital):

Please avoid caffeine (eg. coffee and tea) the morning of your donation. It is recommended to eat a good breakfast high in calcium prior to the collection (example milk, yogurt and cheese).

1. Please report **FIRST** to the **Diagnostic Test Centre, no later than 0700 h** to have your blood work drawn. The Diagnostic Test Centre is located at 200 Elizabeth Street, Ground Floor near the Admitting Department (near Druxy's).
2. After your blood work has been drawn, please feel free to spend time in the food court at Toronto General as the Apheresis Unit opens at 0830 h.
3. Please proceed to the Apheresis Unit **at 0830 h**. Take the Eaton Elevators to the 2nd floor and follow the signs. Check in with the main reception at the Apheresis Unit who will register you and direct you to a patient room.

Directions to the Diagnostic Test Centre (DTC):

- Enter Eaton Wing at 200 Elizabeth Street, walk past Druxy's and turn left at the first corridor. DTC is on your left-hand side

Directions to the Apheresis Unit:

- Use the Eaton Elevators (near the 200 Elizabeth Street entrance)
- Take the elevator to the 2nd floor
- Go to the corridor, then turn left down this short corridor
- Turn right and walk along the long hallway (past the CICU – Cardiac Intensive Care Unit)
- Turn right at the end of the long hallway (past the CVICU – Cardiovascular Intensive Care Unit)
- Turn left at the end of the hallway, then a quick right down another hallway to an entrance
- Take a final left turn into the Apheresis Unit; please check in first with Patient Flow Coordinator

Travel Needs after Your Donation

Please discuss with the physician and/or nurse at the time of your physical assessment any travel restrictions that may apply following your donation.

If you plan to travel by air, please discuss this first with your doctor and/or nurse at your first clinic visit. Please note some travel restrictions may apply following donation.

Follow-up after the Donation

We recommend that one month after the donation you see your family doctor for blood work. At this appointment your family doctor should check your basic blood work to make sure that everything has returned back to normal.