

Healthy Snack/Protein Bars



Protein Bars

- 240-250 calories
- 5-6g fibre
- 12g protein
- 8g sugar



Protein Bar MAX

- 250 calories
- 9g fibre
- 20g protein
- 1g sugar



Breakfast Protein Bars

- 210-220 calories
- 3g fibre
- 5-8g protein



Breakfast Bars

- 220 calories
- 3-5g fibre
- 3-5g protein
- 9g sugar



Breakfast Cereal Bars

- 180-190 calories
- 5-6g fibre
- 3g protein
- 9g sugar



CLIF Builder's Protein Bars

- 290 calories
- 2-3g fibre
- 20g protein
- 17g sugar



Kashi Granola Bars

- 130-140 calories
- 3-5g fibre
- 3g protein
- 7g sugar



Simply Protein Bars

- 160 calories
- 7g fibre
- 12g protein
- 2g sugar



ONE Protein Bar

- 220-240 calories
- 8g fibre
- 20g protein
- 1g sugar

