

ADOLESCENT YOUNG ADULT PROGRAM



For Young People Ages 18-39 with cancer



Adolescents and Young Adults (**AYAs**) have unique clinical and psychosocial needs which we call the AYA care domains.

The AYA team provides education, resources, and support in the following domains:



FERTILITY



NUTRITION



BODY IMAGE



FAMILY
SUPPORT



MENTAL
HEALTH



PRACTICAL
SUPPORT



PEER
SUPPORT



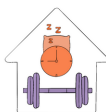
SCHOOL &
WORK



SEXUAL
HEALTH



PALLIATIVE
CARE



WELLNESS & SYMPTOM
MANAGEMENT

Adolescent and Young Adult (AYA) Activities and Events

Being a young person with cancer can feel lonely. The AYA team hosts many activities both in-person and virtually to help connect AYAs.

Some of the programs hosted by AYA:



BOOK CLUB



ART THERAPY



YOGA



DANCE CLASS



MEET-UPS



COOKING CLASS



MOVIE NIGHT



SOCIALS



CONTESTS

HOW TO GET REFERRED:

Referrals within UHN: Refer a Princess Margaret patient through Epic to the PM-Adolescent And Young Adult Program or email aya@uhn.ca

Referrals outside UHN: Fax referral form (found on website) to 416 946 2069 or email aya@uhn.ca

Patients: Can self-refer to the program anytime by emailing aya@uhn.ca

For more information about the AYA Care Domains, AYA resources & AYA Events check out the AYA website by scanning the QR code below:

