

## Patient Support Resources (Pre/Post Transplant & Living Donor Patients)

Welcome to **myUHN**! Please see below for some helpful resources as you navigate through the portal and manage your health at home as a **pre/post transplant or living donor patient**.

### Registering for myUHN

Want to learn about how to register and activate your myUHN account? Click [here](#) for more information.

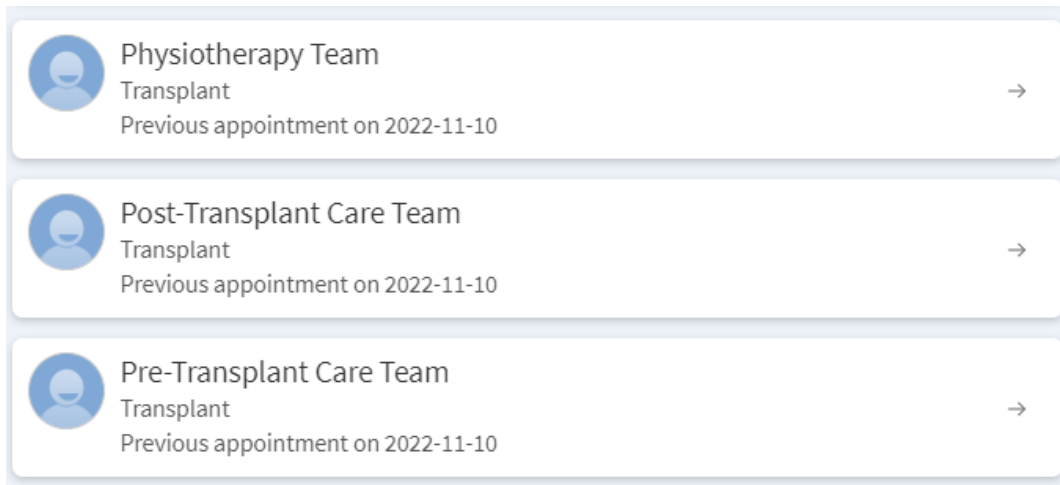
### Downloading the myUHN app for mobile

Watch this [video](#) for more information on how to download and log in to the MyChart/myUHN mobile app.

### Sending messages to your care team through myUHN

Would you like to send a secure message to your care team through myUHN? Click [here](#) for more information on how to do this.

**As a transplant patient**, you have the option to send a message to the pre-transplant team, the post transplant team, or additional teams specific to your organ group, as shown in the photo below:



Send a message to the **pre-transplant care team (response time within 1 business day)** if you have medical questions or concerns for your admin or coordinator and are a pre-transplant patient. *You are a pre-transplant patient from the first time you visit the transplant clinic until the time you've been admitted to receive your transplant.*

Send a message to the **post-transplant care team (response time within 1 business day)** if you have medical questions or concerns for your admin or coordinator and are a post-transplant patient. *You are a post-transplant patient from the time you have received your transplant onwards.*

Send a message to the **living donor team (response time within 1 business day)** if you have medical questions or concerns for your admin or coordinator and are a living donor patient (*i.e. you are donating an organ, and are not a transplant recipient*).

### **Joining a Microsoft Teams virtual visit with your care team**

Click [here](#) for more information on how to join a virtual visit with your care team through myUHN.

### **Changing your shortcuts in myUHN**

Click [here](#) to watch a short video on how to change your shortcuts on the myUHN patient portal website.

### **Change your communication preferences in myUHN**

Would you like to change how you receive notifications and communication related to myUHN? Click [here](#) to watch short a video on how to manage your communication preferences in myUHN.

**Note: we strongly recommend that you make sure your myUHN notifications are turned on, so that you are aware when your care team sends you a message.**

### **If you have any questions**

Questions about sign-in, registration, or using myUHN? Please contact the myUHN team.

Email: [myuhn@uhn.ca](mailto:myuhn@uhn.ca)

Phone: 416-340-3777

Hours: Monday – Friday, 9:00am – 5:00pm